

DIANI JUNIOR TAEKWONDO TOURNAMENT

OFFICIAL RULES & REGULATIONS

1. TOURNAMENT PURPOSE

The Diani Junior Taekwondo Tournament is designed to offer young Taekwondo athletes a safe, competitive, and professionally managed environment to enhance their skills, gain competition experience, and foster values such as discipline, respect, sportsmanship, and fair play.

All participants are expected to uphold the principles of:

SAFETY • DISCIPLINE • RESPECT • FAIR PLAY

2. GENERAL REGULATIONS

1. The tournament will be conducted in accordance with established Taekwondo competition principles, with appropriate modifications for various junior age groups.
2. All athletes, coaches, officials, parents, and spectators must show respect towards the tournament organizers, referees, judges, and fellow participants.
3. Any form of violence, intimidation, discrimination, harassment, abusive language, or unsportsmanlike conduct is strictly prohibited.
4. Only registered and approved athletes are permitted to participate.
5. The tournament organizing committee retains the right to amend schedules, categories, venues, or competition formats as necessary for safety or logistical reasons.
6. Participation in the tournament signifies acceptance of these Rules &

Regulations.

3. AGE CATEGORIES

Athletes will compete according to the following age categories:

Category	Age Group
Junior A	6–7 years
Junior B	8–9 years
Junior C	10–11 years
Junior D	12–13 years
Cadets	14–16 years
Seniors	17–19 years

Age Verification

1. Each athlete must provide accurate date-of-birth information during registration.
2. Proof of age may be requested at any time throughout the registration, vetting, weigh-in, or tournament processes.
3. The tournament committee reserves the right to verify the identity and age of any athlete.
4. An athlete found using false age information, another athlete's identity, or fraudulent documentation will be immediately disqualified.
5. Athletes may only compete in the age category for which they have been officially cleared.

4. ATHLETE ELIGIBILITY

1. Only properly registered athletes are eligible to compete.
2. Athletes must represent the club/team under which they are officially registered.
3. Athletes may not represent more than one club/team in the same tournament.
4. Athletes must meet the age and weight requirements of their registered category.
5. Athletes must be physically fit and medically able to participate.
6. The organizing committee may refuse participation if an athlete does not meet the tournament's eligibility or safety standards.

5. REGISTRATION & DOCUMENTATION

Each athlete's registration must include:

- Full name
- Date of birth
- Gender
- Club/team
- Age category
- Weight category
- Emergency contact
- Parent/guardian details, where applicable
- Any additional information required by the tournament organizers

Teams are accountable for ensuring the accuracy of all submitted information.

6. WEIGHT CATEGORIES & WEIGH-IN

1. Athletes will compete according to the official weight categories announced by the tournament.
2. Athletes must attend the official weigh-in at the designated time.
3. Athletes must weigh in wearing the clothing specified by the technical committee.
4. An athlete who exceeds the maximum weight for their registered category may:
 - o Be moved to another available category, subject to approval; or
 - o Be withdrawn from the competition if no suitable category is available.
1. Deliberate manipulation or falsification of weight information is prohibited.
2. The final decision regarding weight-category placement is at the discretion of the tournament technical committee.

7. PROTECTIVE EQUIPMENT

All athletes are required to use the protective equipment mandated for their category and competition format, which may include:

- Head guard
 - Body protector
 - Forearm guards
 - Shin guards
 - Groin protection
 - Mouth guard
 - Hand/glove protection (where applicable)
 - Approved Taekwondo uniform (Dobok)
1. Equipment must be clean, safe, and in good condition.
 2. Athletes may not compete without the mandatory protective equipment.
 3. Referees and technical officials may inspect equipment before or during competition.
 4. The tournament committee will specify whether athletes must provide their own equipment or if it will be supplied.

8. COMPETITION AREA

1. Access to the competition area is restricted to authorized athletes, coaches,

referees, judges, medical personnel, and officials.

2. Coaches must remain within their designated coaching areas.
3. Parents and spectators must stay in designated spectator areas.
4. Unauthorized individuals may not interfere with ongoing matches.
5. Anyone entering a restricted area without permission may be removed from the venue.
6. Athletes must report to the designated holding/warm-up area when called.

9. MATCH PROCEDURE

1. Athletes must report promptly when their names or match numbers are announced.
2. Failure to report after the required calls may result in a walkover.
3. Athletes shall bow to the referee and opponent before and after the contest.
4. The referee will control the match and issue all official commands.
5. Athletes must immediately adhere to the referee's instructions.
6. The match will continue until the referee or official signals its conclusion.
7. Athletes must maintain appropriate conduct throughout the contest.

10. SCORING

1. Scoring will adhere to the competition system adopted by the tournament.
2. Points will be awarded for valid techniques delivered to permitted scoring areas.
3. The tournament may utilize electronic scoring or manual scoring by judges.
4. The technical committee will communicate the scoring system to coaches prior to the competition.
5. Scores recorded and confirmed by the official scoring system will determine the winner, subject to the tournament's official protest procedure.

11. FOULS & PROHIBITED ACTIONS

The following actions may result in warnings, penalties, point deductions, or disqualification:

- Attacking prohibited areas

- Attacking after the referee has stopped the match
- Deliberately leaving the competition area
- Deliberately avoiding engagement
- Holding or grabbing the opponent
- Excessive pushing
- Dangerous or uncontrolled techniques
- Attacking a fallen opponent where prohibited
- Delaying the match
- Ignoring referee instructions
- Arguing with officials
- Unsportsmanlike conduct
- Verbal abuse or provocation
- Any technique prohibited for the athlete's age category

The safety of the athletes shall always take precedence over competition.

12. PENALTIES & DISCIPLINARY ACTION

Depending on the severity of the offense, the referee or tournament committee may impose:

1. Verbal warning
2. Official penalty
3. Point deduction
4. Removal from the match
5. Disqualification
6. Removal from the tournament
7. Further disciplinary action as necessary

Serious misconduct may result in the expulsion of the athlete, coach, team official, or spectator from the venue.

13. KNOCKDOWN, INJURY & ATHLETE SAFETY

1. The referee may halt a contest whenever an athlete's safety is at risk.
2. Medical personnel shall have the authority to assess injured athletes.

3. An athlete deemed medically unfit to continue will not be allowed to resume competition.
4. Coaches, parents, and teammates must not pressure an injured athlete to continue.
5. Any suspected serious injury should be referred to the tournament medical team.
6. The referee may terminate a match if continued participation poses an unacceptable safety risk.
7. Athletes must report injuries immediately to their coach or tournament medical personnel.

14. COACHES' CODE OF CONDUCT

1. Only registered/accredited coaches may instruct athletes in the designated coaching area.
2. Coaches must wear appropriate sports or club attire.
3. Coaches are expected to promote discipline, respect, and sportsmanship.
4. Coaches must not abuse, threaten, or intimidate athletes.
5. Coaches must not verbally abuse referees, judges, opponents, or other coaches.
6. Coaches must not enter the competition area without authorization.
7. Coaches must not interfere with medical or technical officials.
8. Repeated misconduct may result in the removal of the coach from the competition area or the tournament.

15. PARENTS & SPECTATORS

Parents and spectators are expected to:

- Positively support athletes.
- Respect referees, judges, and tournament officials.
- Avoid abusive, threatening, or discriminatory language.
- Refrain from entering restricted areas.
- Avoid interfering with matches.
- Refrain from directing athletes from unauthorized areas.
- Respect opposing athletes, coaches, and supporters.
- Follow all venue safety requirements.

Any spectator who seriously violates these rules may be removed from the venue.

16. SAFEGUARDING & CHILD PROTECTION

Given that the tournament involves children and young athletes:

1. Every athlete must be treated with dignity and respect.
 2. Physical, emotional, verbal, or sexual abuse is strictly prohibited.
 3. Bullying, harassment, and intimidation are not tolerated.
 4. Coaches and officials must maintain appropriate professional boundaries with athletes.
 5. Any safeguarding concerns must be reported immediately to the tournament organizing committee.
 6. Photography and video recording of minors must comply with the tournament's consent and safeguarding requirements.
 7. The tournament committee may take immediate action where the safety or welfare of a child is at risk.
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17. MEDICAL & EMERGENCY PROCEDURES

1. The tournament will provide adequate first-aid and medical arrangements.
 2. Emergency contact information must be supplied during registration.
 3. Medical personnel may withdraw an athlete from competition when necessary.
 4. All participants must comply with emergency instructions issued by tournament officials.
 5. Teams and parents/guardians are responsible for providing accurate medical and emergency information for athletes.
 6. Athletes should refrain from participating if they are unwell, injured, or medically unfit.
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18. PROTESTS & APPEALS

1. Only the officially registered coach or team representative may submit a protest.
2. Protests must be submitted through the designated tournament procedure and within the specified timeframe.
3. Protests should concern legitimate issues such as eligibility, registration, or

competition-rule violations.

4. A protest may be accompanied by supporting evidence where appropriate.
5. The tournament technical committee will review the matter and communicate its decision.
6. Normal referee judgment during competition will not typically be grounds for altering a result unless provided for under the tournament's official appeal procedure.
7. The decision of the designated appeals/technical committee will be final.

19. DISQUALIFICATION

An athlete or team may be disqualified for:

- Age fraud
- Identity fraud
- Use of false documents
- Deliberate weight manipulation
- Use of an ineligible athlete
- Serious misconduct
- Violence
- Repeated dangerous conduct
- Refusal to adhere to tournament rules
- Serious disrespect toward officials
- Providing false registration information
- Any action deemed detrimental to the safety or integrity of the tournament

Disqualification may result in the forfeiture of medals, awards, or tournament standings, where applicable.

20. TEAM RESPONSIBILITY

Each participating club/team is accountable for:

1. The conduct of its athletes.
2. The conduct of its coaches and team officials.
3. Ensuring athletes report to their matches punctually.
4. Ensuring athletes possess the required protective equipment.

5. Ensuring registration and age information is accurate.
6. Maintaining discipline throughout the tournament.
7. Ensuring athletes understand and comply with the competition rules.
8. Cooperating with tournament officials, referees, and medical personnel.

21. AWARDS

The tournament may present awards including:

- Gold Medal
- Silver Medal
- Bronze Medal
- Best Fighter
- Best Technique
- Most Promising Athlete
- Best Club/Team
- Best Coach
- Fair Play Award

The final awards structure will be communicated by the tournament organizing committee.

22. CODE OF SPORTSMANSHIP

All participants are expected to:

- Respect opponents.
- Respect referees and judges.
- Compete fairly.
- Accept victory with humility.
- Accept defeat with dignity.
- Protect the safety of fellow athletes.
- Encourage teammates.
- Represent their club with pride.
- Promote discipline and good character.

23. TOURNAMENT AUTHORITY

The Diani Junior Taekwondo Tournament Organizing Committee and Technical Committee will hold final authority over:

- Athlete eligibility
- Age verification
- Weight categories
- Competition format
- Match scheduling
- Safety matters
- Disciplinary matters
- Protests and appeals
- Interpretation of these Rules & Regulations

In instances not specifically covered by these regulations, the Technical Committee will make decisions based on recognized Taekwondo competition principles, athlete safety, and the overall integrity of the tournament.

24. ACCEPTANCE OF THE RULES

By registering and participating in the Diani Junior Taekwondo Tournament, athletes, coaches, clubs, parents/guardians, and team officials acknowledge that they have read, understood, and agreed to comply with these Rules & Regulations.

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